

HIGHER PERFORMANCE

Thoughtful Pursuit of Strength

#COVID19

last updated
27 Aug 20

GROUP CLASS SCHEDULE (Incl. On-site Customised)

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	7 am			7 am		
8.30 am	8.30 am*	8.30 am	8.30 am	8.30 am	8.30 am	
10 am	10 am	10 am	10 am* (Mobility only)	10 am	10 am	10 am
		12.30 pm			11.30 am*	11.30 am
5 pm		5 pm		5 pm		
6.15 pm	6 pm	6.15 pm	6 pm	6.15 pm		
7.30 pm	7.30 pm	7.30 pm	7.30 pm	-		

***Mobility Classes** Tue 8.30 am @ 188-6, Thur 10 am @ 188-6, Sat 11.30 am @ 204

Appointment/Class booking required for all sessions at Higher Performance facilities

BUNDLE SPECIAL

20% off Private Session[^]
with 4-week or 12-week
Customised Programme

[^]4-week + 1 x PT /
12-week + (up to) 3 x PT
PT sessions to be utilised with an active
customised programme

SPECIAL RATES

New Members

10% OFF package / membership

15% OFF

Students/NSF & Senior Citizens

(≥ 60 years old)

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PACKAGES / MEMBERSHIPS

GROUP / PREP CLASS

1 @ \$37
10 @ \$320
20 @ \$600

Unlimited @
\$280/Month

CUSTOMISED PROGRAMME ONLY

4-week @ \$200
12-week @ \$540

Top Up: Facility Access

Single day @ \$12 each
Unlimited @ \$140/
4-week

PRIVATE SESSION

1 @ \$120
10 @ \$1000
20 @ \$1900

SEMI-PRIVATE SESSION

1 @ \$150
10 @ \$1300
20 @ \$2400

BOOK YOUR 1ST SESSION NOW



via **Glofox**



via **WhatsApp**